



# Grant County Health Department

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## **For Immediate Release:**

### **Grant County Health Officials Confirm 2009 H1N1 Flu Death in Grant County**

Grant County Health Department reports the first H1N1 influenza related death in Grant County.

"The loss of a loved one for anyone is heartbreaking. Our thoughts are with the family and friends during this difficult time," said Jeff Kindrai, Director/Health Officer

The individual was an adult with underlying health conditions. However, out of respect for the family and patient confidentiality laws, Grant County Health Department is not releasing the individual's sex, age, race or location of residence.

For most people, the 2009 H1N1 flu has caused mild to moderate illness. Unfortunately the virus can be especially dangerous for children, individuals with compromised immune systems and those with chronic health illnesses.

Currently, the 2009 H1N1 flu vaccine is becoming available throughout the State for high risk target populations and supplies are expected to continue to improve. While vaccination will be the best protection against influenza, it is important for everyone to continue the basic protection and prevention measures: stay home if you are ill; cover your coughs and sneezes with a tissue or with your sleeve, not with your hands; wash your hands thoroughly and frequently; and stay healthy by getting plenty of rest, eating healthy food and exercising.

People who develop significant flu symptoms or those with flu symptoms who are at risk for severe flu or flu complications are advised to consult their health care provider promptly.

For more information about H1N1 influenza, please visit [www.pandemic.wisconsin.gov](http://www.pandemic.wisconsin.gov) , call 2-1-1, or the Grant County Health Department County Health Department at (608) 723-6416, or contact your health care provider.

Please visit [www.co.grant.wi.gov](http://www.co.grant.wi.gov) for up to date information on local flu vaccine availability and eligibility information. Quick links have been added on the right side of the main page for easier access.

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